



100 words about myself...

Dr. Thomas Oehler, Coach and Trainer, was managing director of international companies in Consulting and Counselling services, Media, Cosmetics and Advertising.

With a Master's degree in science communication, sociology and philosophy, Postgraduate studies in psychology and a Phd in Economics/ Management,

Dr.Oehler has worked in France, Germany, China, USA, UK, Czech Republic, Hungary, Italy and Austria.

His areas of expertise are: communication, stress management, motivation, negotiations, conflict management, mediation, team-building, and integration of new executives within a company.

His coaching methods consist of active discussion, self-exploration, psychological methods, breathing techniques, focused interviews.

He speaks English, French, German, Hungarian.

Dr.Thomas Oehler, April 2022

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